

# Free Yoga

## Summer stretch in the city schedule



ACT  
Government

CITY  
RENEWAL  
AUTHORITY

With support from the ACT Government under the  
City Renewal Authority's City Grants program

Date	Time	Location
Tue 8 Jan	12:30pm-1:15pm	Latin American Plaza
Thur 10 Jan	7:00am-7:45am	Garema Place
Tue 15 Jan	12:30pm-1:15pm	Latin American Plaza
Thur 17 Jan	7:00am-7:45am	Garema Place
Tue 22 Jan	12:30pm-1:15pm	Latin American Plaza
Thur 24 Jan	7:00am-7:45am	Garema Place
Tue 29 Jan	12:30pm-1:15pm	Latin American Plaza
Thur 31 Jan	7:00am-7:45am	Garema Place
Tue 5 Feb	12:30pm-1:15pm	Latin American Plaza
Thur 7 Feb	7:00am-7:45am	Veterans Park
Tue 12 Feb	12:30pm-1:15pm	Latin American Plaza
Thur 14 Feb	7:00am-7:45am	Glebe Park
Tue 19 Feb	12:30pm-1:15pm	Latin American Plaza
Thur 21 Feb	7:00am-7:45am	Glebe Park
Tue 26 Feb	12:30pm-1:15pm	Latin American Plaza
Thur 28 Feb	7:00am-7:45am	Glebe Park
Tue 5 Mar	12:30pm-1:15pm	Latin American Plaza
Thur 7 Mar	7:00am-7:45am	Garema Place
Tue 12 Mar	12:30pm-1:15pm	Latin American Plaza
Thur 14 Mar	7:00am-7:45am	Garema Place
Tue 19 Mar	12:30pm-1:15pm	Latin American Plaza
Thur 21 Mar	7:00am-7:45am	Garema Place
Tue 26 Mar	12:30pm-1:15pm	Latin American Plaza
Thur 29 Mar	7:00am-7:45am	Garema Place

Remember to bring  
a yoga mat and a  
drink bottle.

All levels welcome  
(including  
beginners).

For further information  
[www.jogayoga.com.au](http://www.jogayoga.com.au)  
or email  
[hello@jogayoga.com.au](mailto:hello@jogayoga.com.au)

Dates and locations subject  
to change, see  
[@jogayogacanberra](https://www.facebook.com/jogayogacanberra) on  
Facebook and instagram  
for updates.